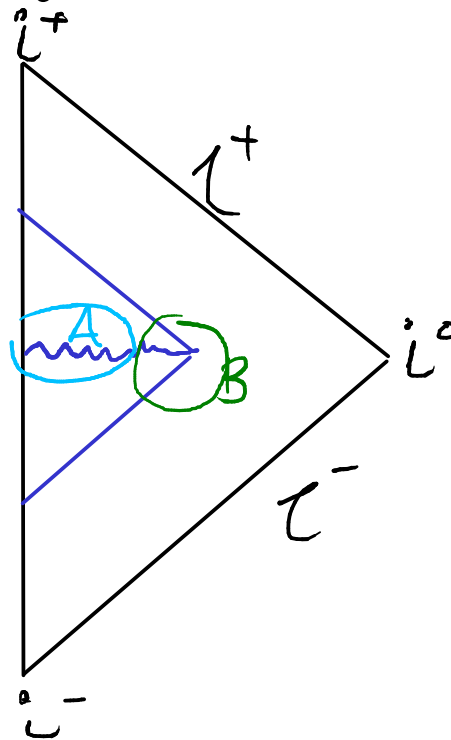


# PLANCK STARS A LQG TRANSITION

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LQG First 25 years, C. Rovelli  
arxiv 1012.4707

# Loop Quantum Gravity: The Beginning

Start with Einstein-Hilbert Action:

$$S(g) = \frac{1}{16\pi G} \int \sqrt{-g} (R - 2\Lambda) d^4x$$

$$E-L eq's \Rightarrow G_{\mu\nu} = 8\pi T_{\mu\nu}$$

First problem: can't couple a dirac equation to this! So introduce local frames,

The Tetrads:

$$g_{\mu\nu}(x) = e_{\mu}^I(x) e_{\nu}^J(x) \eta_{IJ} \quad \leftarrow \text{Mink metric.}$$

Using these, one can convert the EH action into the Holst action:

$$S(e, \omega) = \int B(e) \wedge \overset{\text{torsion}}{F}(\omega) \quad \begin{array}{l} e - \text{tetrads} \\ \omega - \text{local Lorentz} \\ \text{gauge} \end{array}$$

\* Covariant Loop Quantum Gravity, C. Rovelli, F. Vidotto, 2014

$$B = (*e \wedge e + \frac{1}{\gamma} e \wedge e)$$

(In general, if you only have  $B(e)$  then this is called BF theory, but it is purely gauge)

$\gamma$  = Barbero-Immirzi parameter.

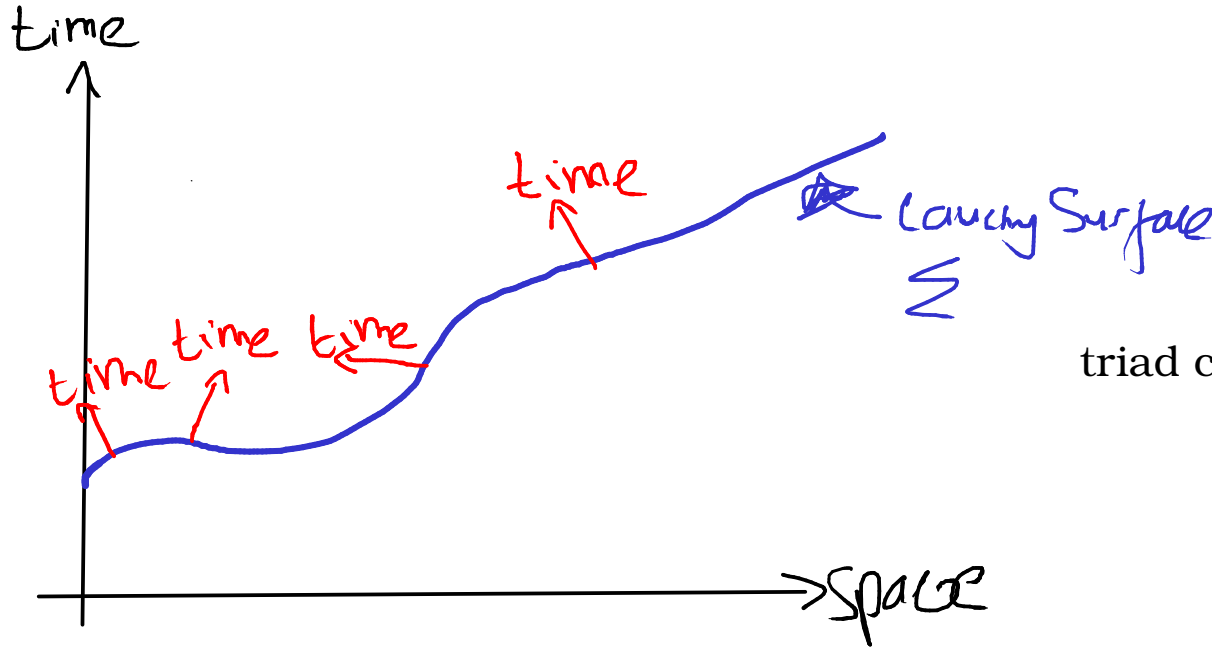
To make sure this action still describes General Relativity, one must ensure that:

$$\underline{K} = \gamma \underline{L}$$

← "magnetic" part of  $B$   
 ← "electric" part of  $B$

# Abhay Ashtekar 1986

Ashtekar realised that the equations are easier to quantise if instead of considering 4D spacetime as a whole, one considers Cauchy surfaces evolving locally in some "time"



On  $\Sigma$  define triads, instead of tetrads.

$$g_{ab} = e_a^i(x) e_b^j(x) \delta_{ij}$$

triad curv.  $\rightarrow K_i^a e_b^c = K_b^a$  ext curv  
And Ashtekar connection:

$$A_a^i = \Gamma_a^i(e) + \beta K_a^i$$

↑  
Spin connection

Sol<sup>n</sup> of 3D Cartan eq<sup>n</sup>

$$de^i + \epsilon_{ijk} \Gamma^j \wedge e^k = 0$$

And define Ashtekar Field:

$$F_i^a(x) = \frac{1}{2} \epsilon_{ijk} \epsilon^{abc} e_b^j e_c^k$$

Now it is easier to deal with the Hamiltonian constraint of GR,  
with specific parameters, and it is found:

$$e \rightarrow B_f \in \mathfrak{sl}(2, \mathbb{C}) \text{ — algebra of } \rightarrow$$

$$\omega \rightarrow U_e \leftarrow \text{holonomies} = P e^{\int_e \omega} \in \text{SL}(2, \mathbb{C})$$

$$\left. \right\} \left\{ \begin{pmatrix} a & b \\ c & d \end{pmatrix} \in \mathbb{C}^{2 \times 2} : \det = 1 \right\}$$

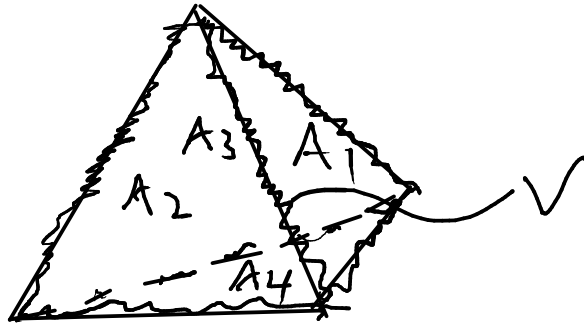
From these operators, eigenvalues of space are obtained. Specifically considering triangulated space, one gets 5 commutable operators

$$L_1, L_2, L_3, L_4, V \text{ with spectra:}$$

$$L_i = 8\pi\hbar G \sqrt{j_i(j_i+1)} \leftarrow \text{areas}$$

$$\text{volume} \rightarrow V_n \quad (\text{more complicated but discrete})$$

# Fuzzy Tetrahedra



5 eigenvalues found, BUT, tetrahedron needs 6, so still has quantum uncertainty.

Tah-dah! The foundations of space!

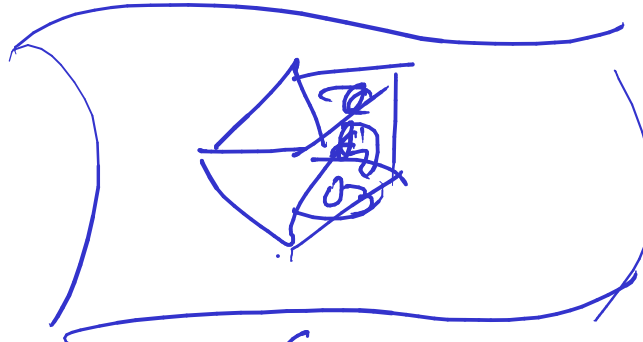
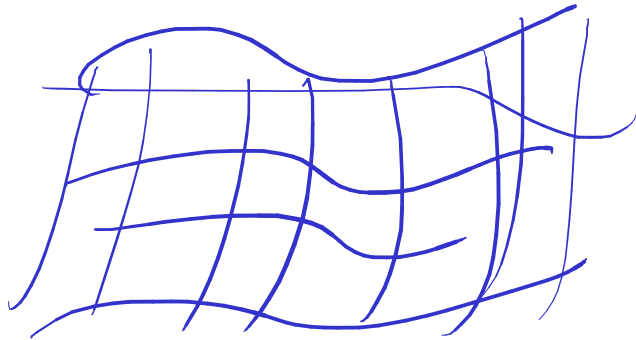
# Regge Calculus

$(M, g)$   
 $\uparrow$   
 Riemannian

$\longrightarrow$

$(M, L_s)$

Triangulation



$$\delta p(\approx \sum \theta)$$

$$S(L_s) = \sum_p A_p(L_s) \delta p(L_s)$$

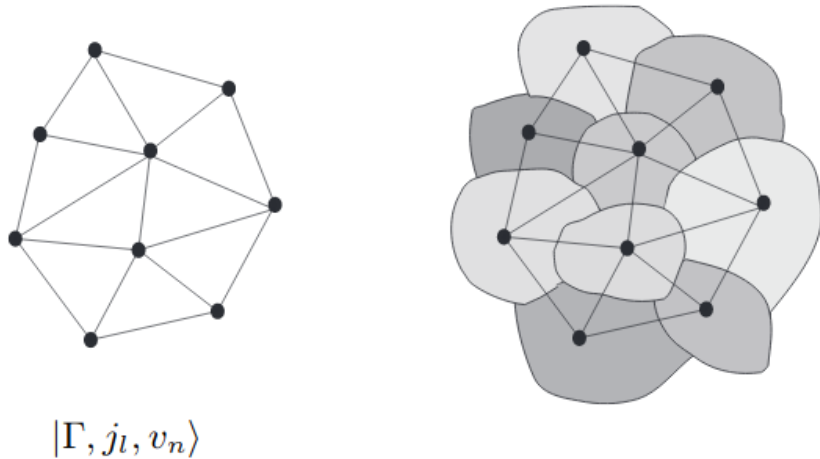
$\nwarrow$   $(d-2)$  area



Tullio Regge

# Spin Networks

Inspired by Penrose, but reused by Rovelli & Smolin



$j$  are eigenvalues of representations of group elements and  $v$ 's are intertwiners

FIG. 1. A spin network and the “quanta of space” it describes.



# Spin Foams

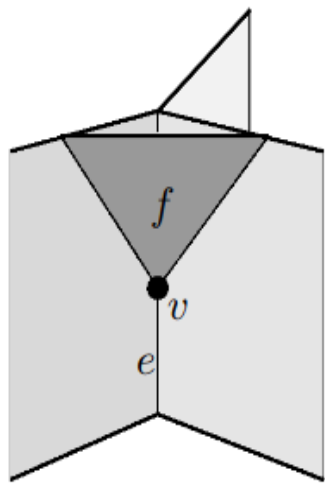
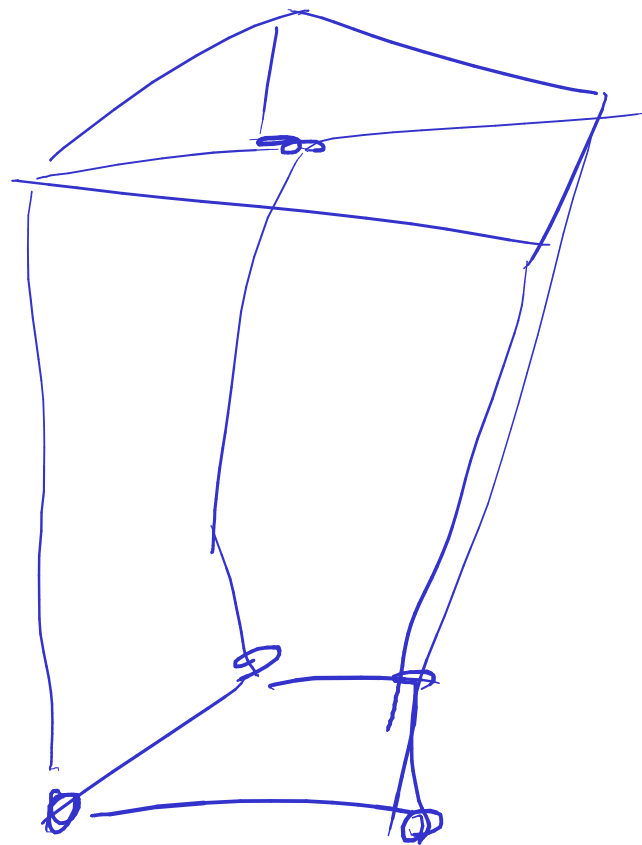
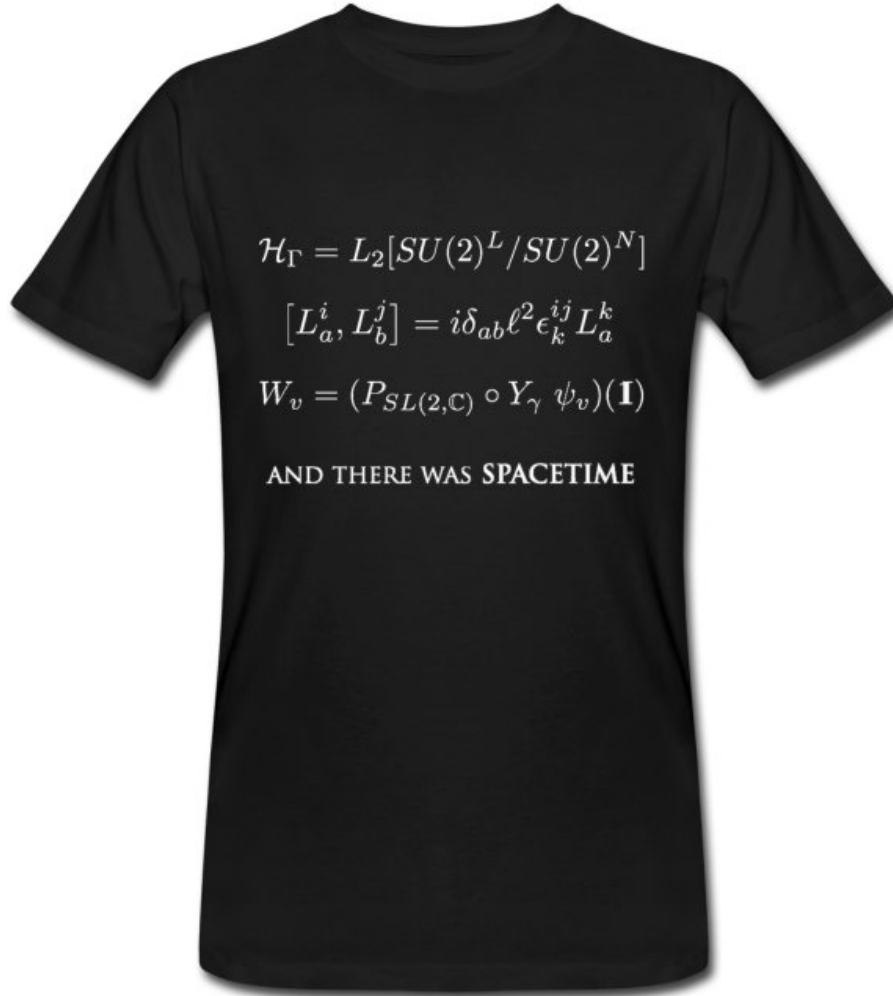


FIG. 7. A two-complex with one internal vertex.



# EPRL Model



Quantum states of the geometry are described by functions  $\psi(h_l)$  of elements  $h_l \in SU(2)$  associated to the links  $l$  of an arbitrary graph  $\Gamma$ . Transition amplitudes between such states are defined perturbatively<sup>1</sup> by

$$Z_C(h_l) = \int_{SU(2)} dh_{vf} \prod_f \delta(h_f) \prod_v A_v(h_{vf}). \quad (1)$$

$\mathcal{C}$  is a two-complex (a combinatorial set of faces  $f$  that join along edges  $e$ , which in turn join on vertices  $v$ ) bounded by  $\Gamma$ ;  $h_f = \prod_{v \in f} h_{vf}$  is the oriented product of the group elements around the face  $f$  and the vertex amplitude is

$$A_v(h_l) = \int_{SL(2,\mathbb{C})} dg'_e \prod_l K(h_l, g_{s_l} g_{t_l}^{-1}) \quad (2)$$

where  $s_l$  and  $t_l$  are the source and target of the link  $l$  in the graph  $\Gamma_v$  that bounds the vertex  $v$  within the two-complex. The prime on  $dg_e$  indicates that one of the edge integrals is dropped (it is redundant). Finally, the kernel  $K$  is

$$K(h, g) = \sum_j \int_{SU(2)} dk d_j \chi^j(hk) \chi^{\gamma j, j}(kg). \quad (3)$$

where  $d_j = 2j + 1$ ,  $\chi^j(h)$  is the spin- $j$  character of  $SU(2)$  and  $\chi^{\rho, n}(g)$  is the character of  $SL(2, \mathbb{C})$  in the  $(\rho, n)$  unitary representation.  $\gamma$  is a dimensionless parameter that characterizes the quantum theory.

Seems to suggest that in semiclassical limit

# Loop Quantum Cosmology

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3}\rho - \frac{k}{a^2} + \frac{\Lambda}{3}$$

gets corrected by the factor

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3}\rho \left(1 - \frac{\rho}{\rho_c}\right) - \frac{k}{a^2} + \frac{\Lambda}{3}$$

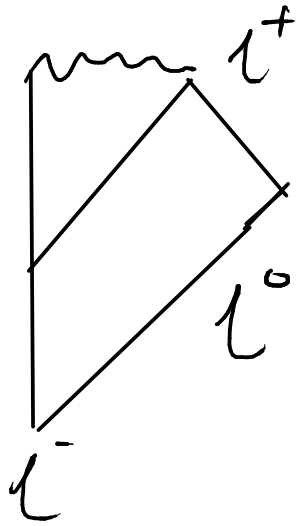
where the critical density is

$$\rho_c = \left(\frac{8\pi G}{3} \gamma^2 a_o\right)^{-1}.$$

$$c = G = \hbar = 1$$

## Schwarzschild

$$ds^2 = -\left(1 - \frac{2m}{r}\right) dt^2 + \left(1 - \frac{2m}{r}\right)^{-1} dr^2 + r^2 d\Omega^2$$



ugh!!

problems: radially light falls  
at  $\tilde{r} = 1 - \frac{2m}{r}$  ← Silly

There has to be a better way!

# Kruskal-Szekeres Metric

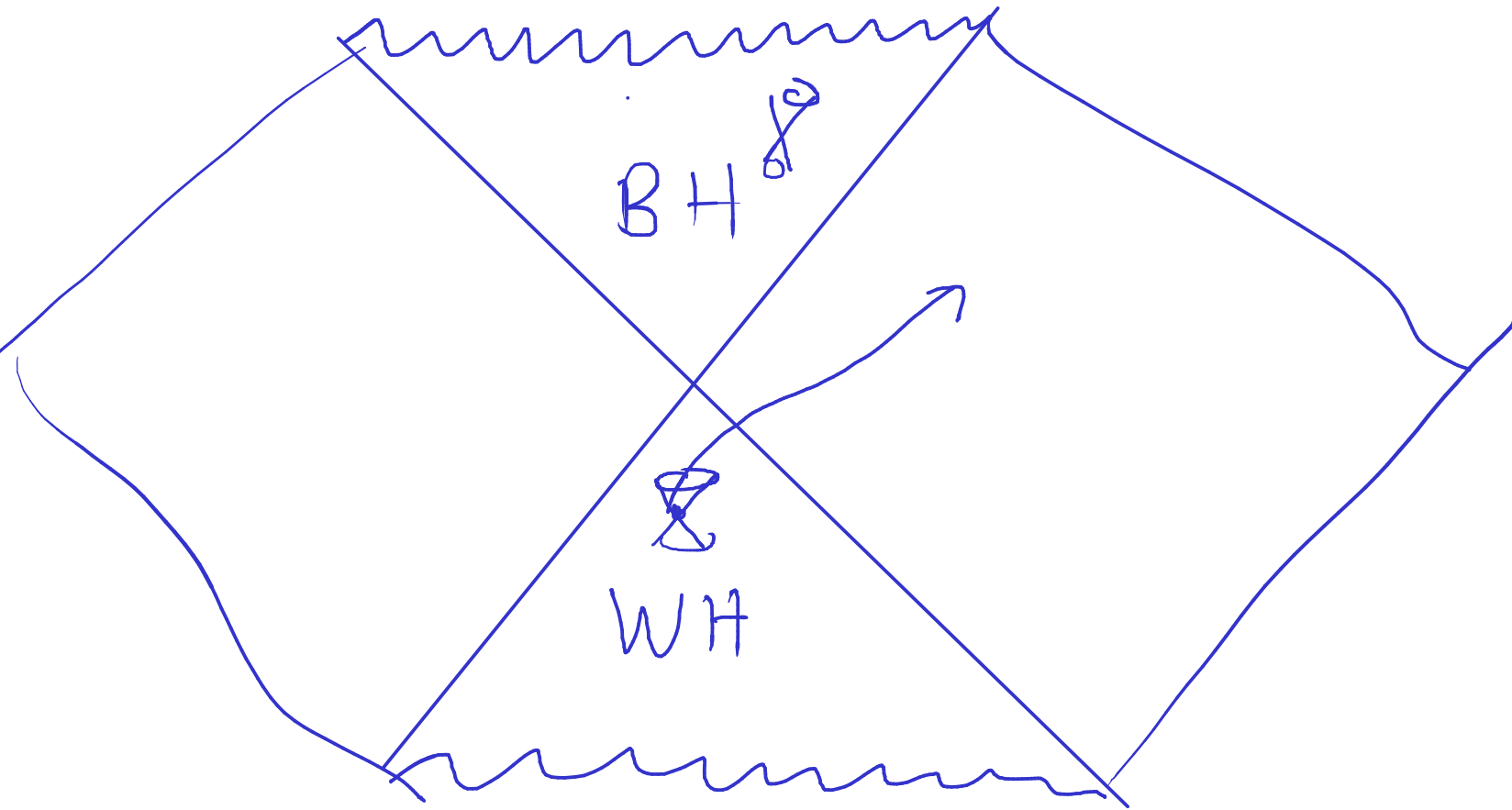
$$u = \sqrt{\left| \frac{r}{2m} - 1 \right|} e^{\frac{r+t}{4m}} \quad V = \sqrt{\left| \frac{r}{2m} - 1 \right|} e^{\frac{r-t}{4m}} \operatorname{Sgn}(2m-r)$$

$$ds^2 = \frac{-32m^3}{r} e^{-\frac{r}{2m}} du dv + r^2 d\Omega^2$$

where  $r(u, v) = 2m \left( 1 + w \left( -\frac{uv}{e} \right) \right)$

← Lambert fun<sup>n</sup> / Product by

# Penrose Diagram



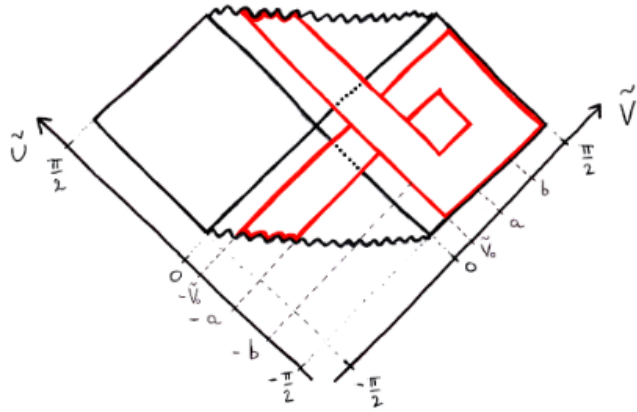
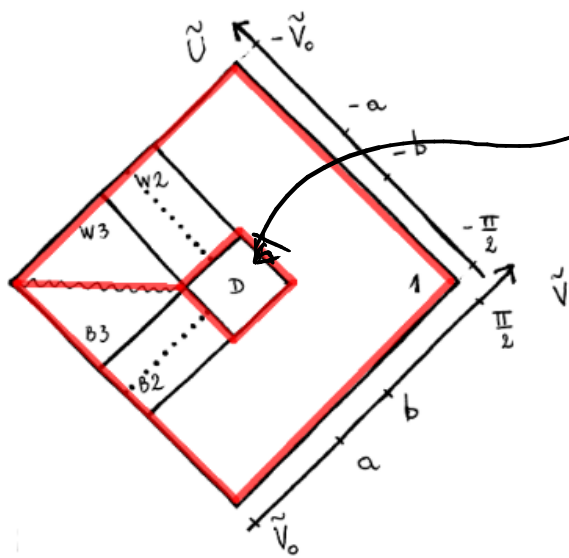


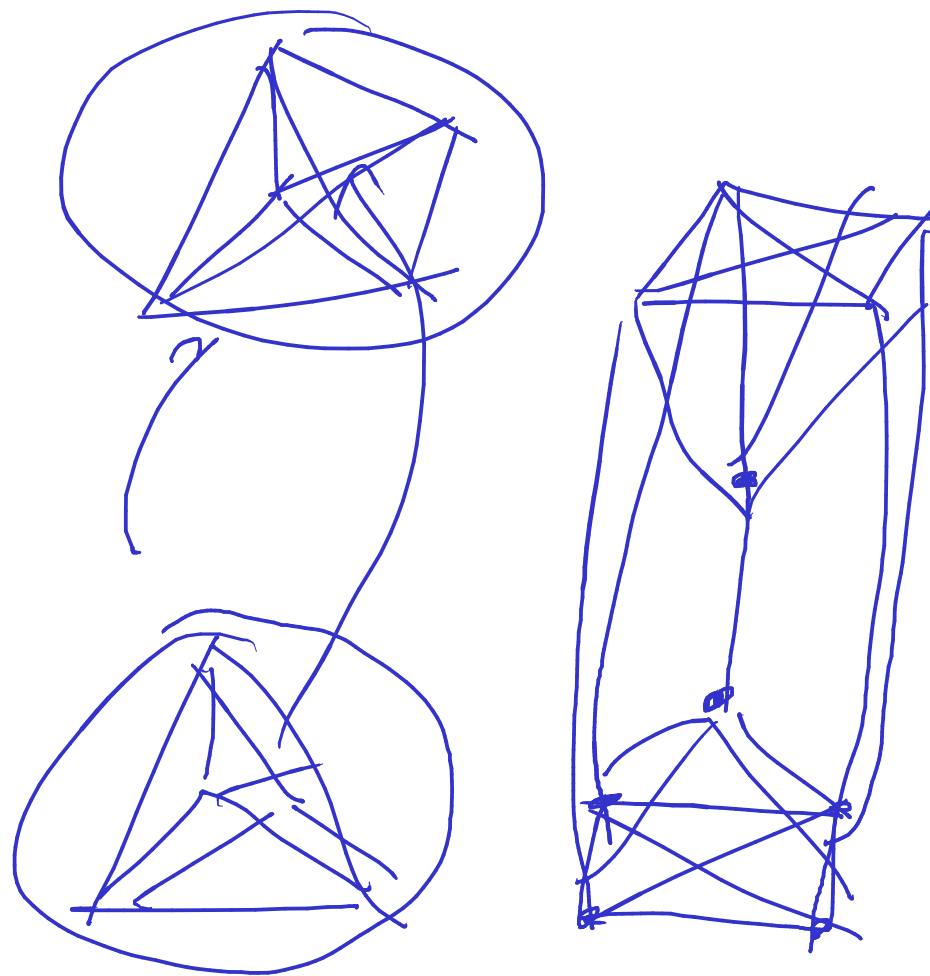
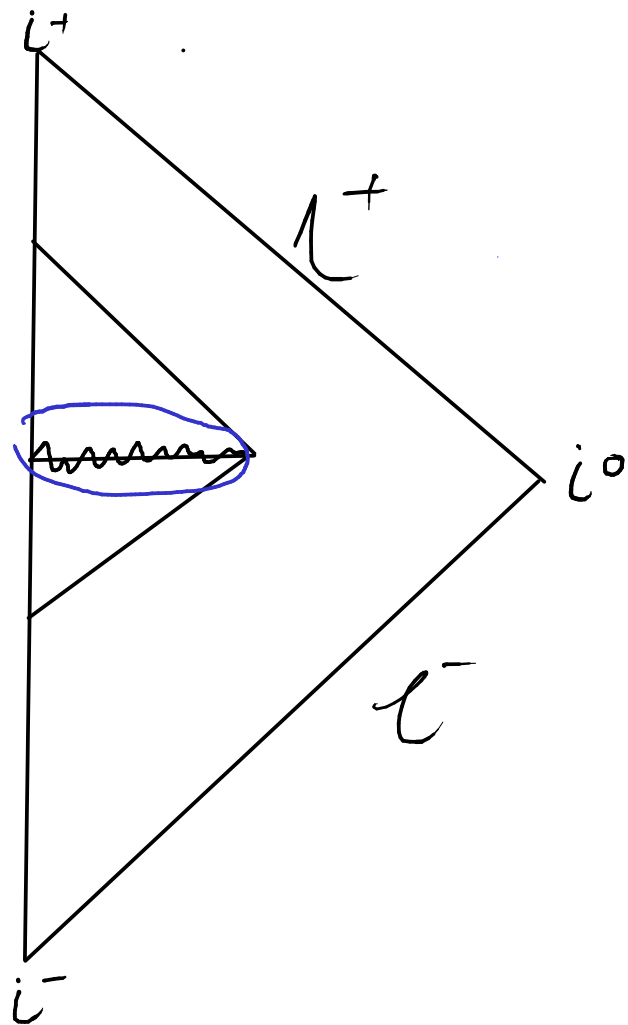
Figure 3: Penrose diagram of the Kruskal spacetime. The red straight lines are null, and the two red wavy lines will be identified after ‘squashing the arms’. The inside region thus delimited is the spacetime of interest for us.



here be dragons!

Figure 4: Penrose diagram of the outside of the null shell. The dotted lines are the two horizons at  $r = 2m$ .

# Transition





# Timescale

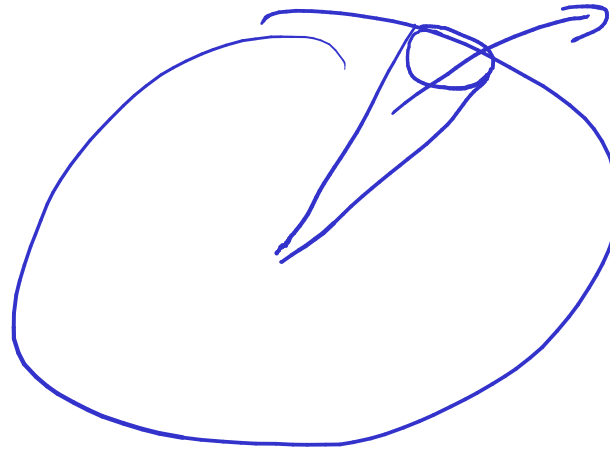
$$m^2$$

Planck Start Tunneling Time, Christodoulou. et. al., arxiv 1605.05268v3

$$e^m$$

Characteristic time scales, Christodoulou, d'Ambrosio, arxiv 1801.03027

# What is the next approach?



$$ds^2 = -\frac{4(\tau^2 + l)^2}{2m - \tau^2} d\tau^2 + \frac{2m - \tau^2}{\tau^2 + l} dx^2 + (\tau^2 + l)^2 d\Omega^2$$

What could it mean/where could we find effects?

Благодаря